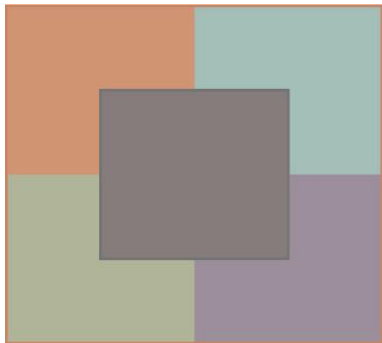


JDTR Annual Peer Learning Community Virtual Grantee Meeting

Welcome! The meeting will begin shortly.

To join the audio portion of this meeting, click the round “i” icon in the top right corner of your screen, then click “view info.” You will find all your dial-in information here.

- 1) Dial the telephone number shown (**866-805-9853**) and enter the following conference code when prompted: **8073619425**
- 2) Once joined to the audio line, identify yourself by pressing the 5-digit number shown, including the “#” signs before and after the number.
- 3) Your audio will now be linked to the web portion of the call.



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JDTR

Annual Peer Learning Community Virtual Grantee Meeting

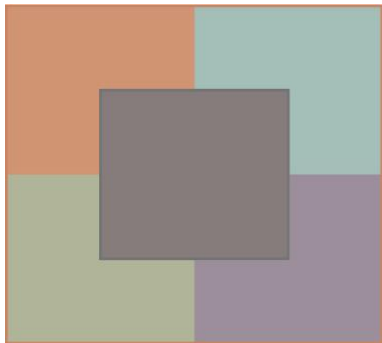
April 8, 2014

Agenda



- 11:00PM Welcome
 - David Morrisette, Ph.D., LCSW, Acting Branch Chief, Community Support Program
Center for Mental Health Services, SAMHSA
- 11:10PM Introductions
 - LaVerne Miller, Senior Project Associate, SAMHSA's GAINS Center for Behavioral Health
and Justice Transformation
- 11:25PM Meeting Objectives
- 11:30PM "The Power of Story" Presentation
 - Lyn Legere, Director of Life Long Learning, The Transformation Center
- 12:00 PM Break
- 12:10PM Brainstorming ideas for "Telling the Story"
Closing/Next Steps





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The Power of Story: Shaping Our Lived Experience

Lyn Legere, Director of Life Long Learning,
The Transformation Center

*Please press *6 to mute and unmute your phone*

What's your favorite...



A Story

“A fact, wrapped in an emotion that compels us to take an action that transforms our world.”

– Robert Dickman

Educate

Persuade

Change

Minds

Invite



purpose

Build Allies

Alter Perspective

Move to Action



Illness or War Stories

vs.

Recovery or Wellness Stories

Illness Story



No Agency

Darkness

Pain

Trauma

War Stories

Graphic

Details

No Hope



“Recovery” Story

Wellness Journey

Strengths

Tools

Strategies

HOPE

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What's the Point?

Why Story?

Stories Bypass



Stories Bypass

The “Ya Buts...”

The “I’m a this”

The
“I’m a that”

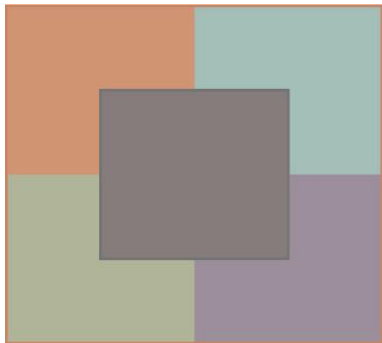
The “Can’t be Done”

The “Not me...”



And Go..





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Kinds of Stories

Meeting the Moment...

Super Modified Hero's Journey

Something created a shift inside...

I proved people wrong

Life is OK or only Sucks a little

Life gets to really suck because...

Some sort of hope was born... a tentative fire within


The fire grew..A, B and C helped. D, E and F didn't....

I created a new life that I'm here to share.


Super Modified Hero's Journey

Peer Support was introduced


Peer Support helped ...




Life is OK or only Sucks a little




Life gets to really suck because...



Some sort of hope was born... a tentative fire within



The fire grew..A, B and C helped. D, E and F didn't....



I created a new life that I'm here to share.



Snippet

The 5-minute version

Super Modified Hero's Journey

Peer Support was introduced

Peer Support helped ...

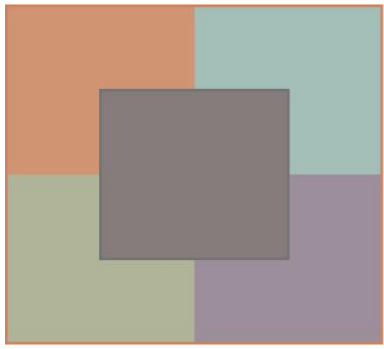
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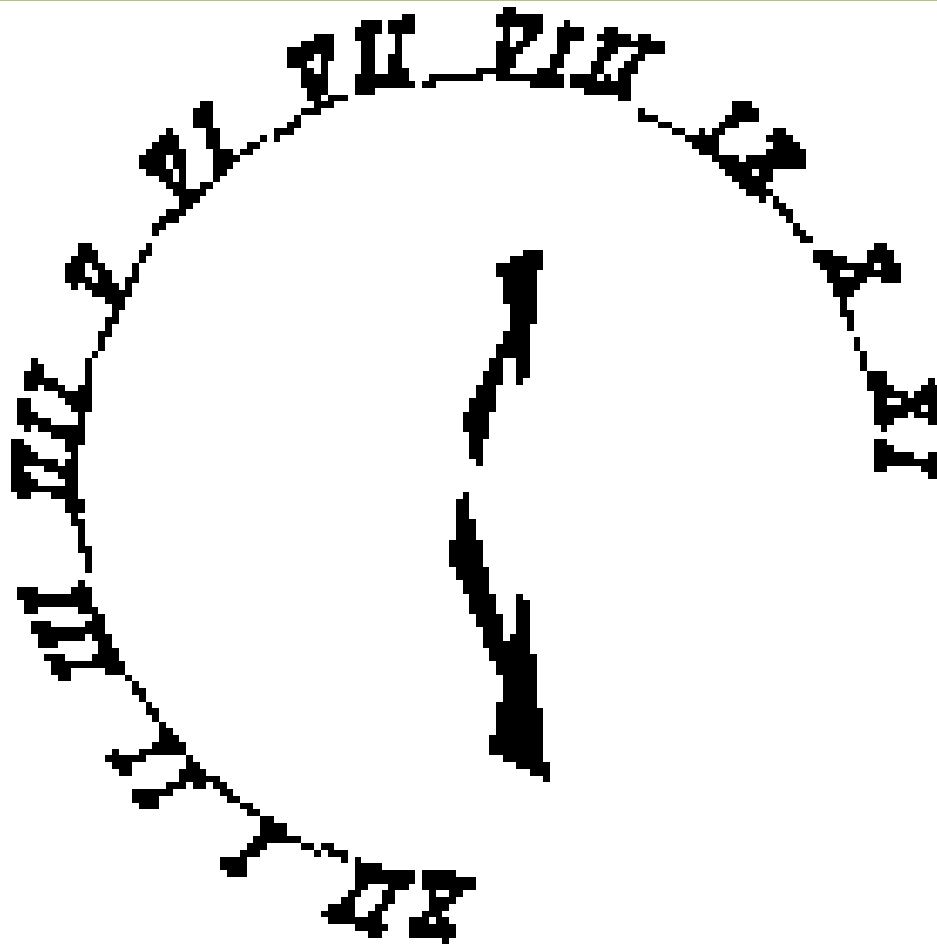
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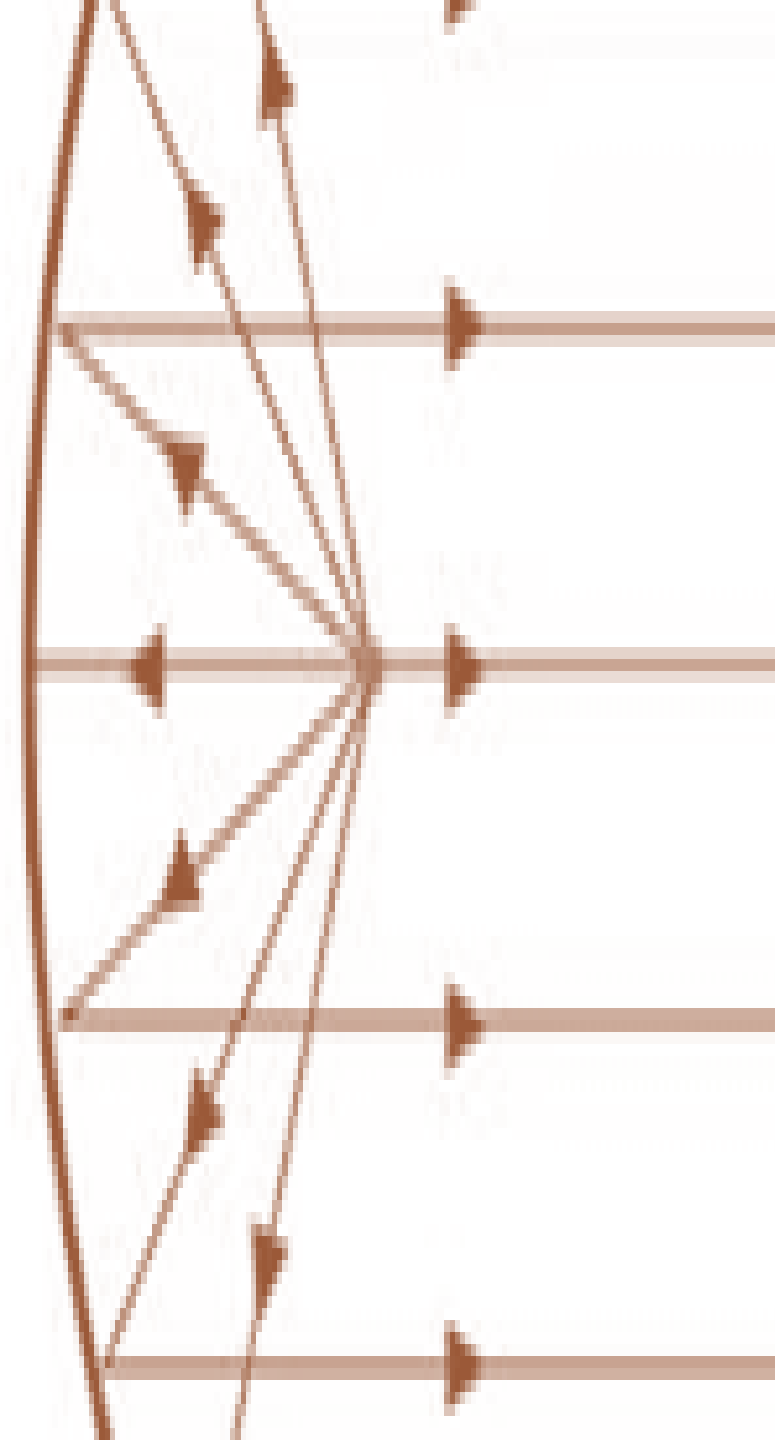
Important Considerations

Bringing Home the
Story...

TIME



Intentional
and
for the
Benefit
of the
OTHER
though we
benefit as well



Who is your Audience?

Another Person in the System?

Administrators?

Policy Makers?

Family Members?

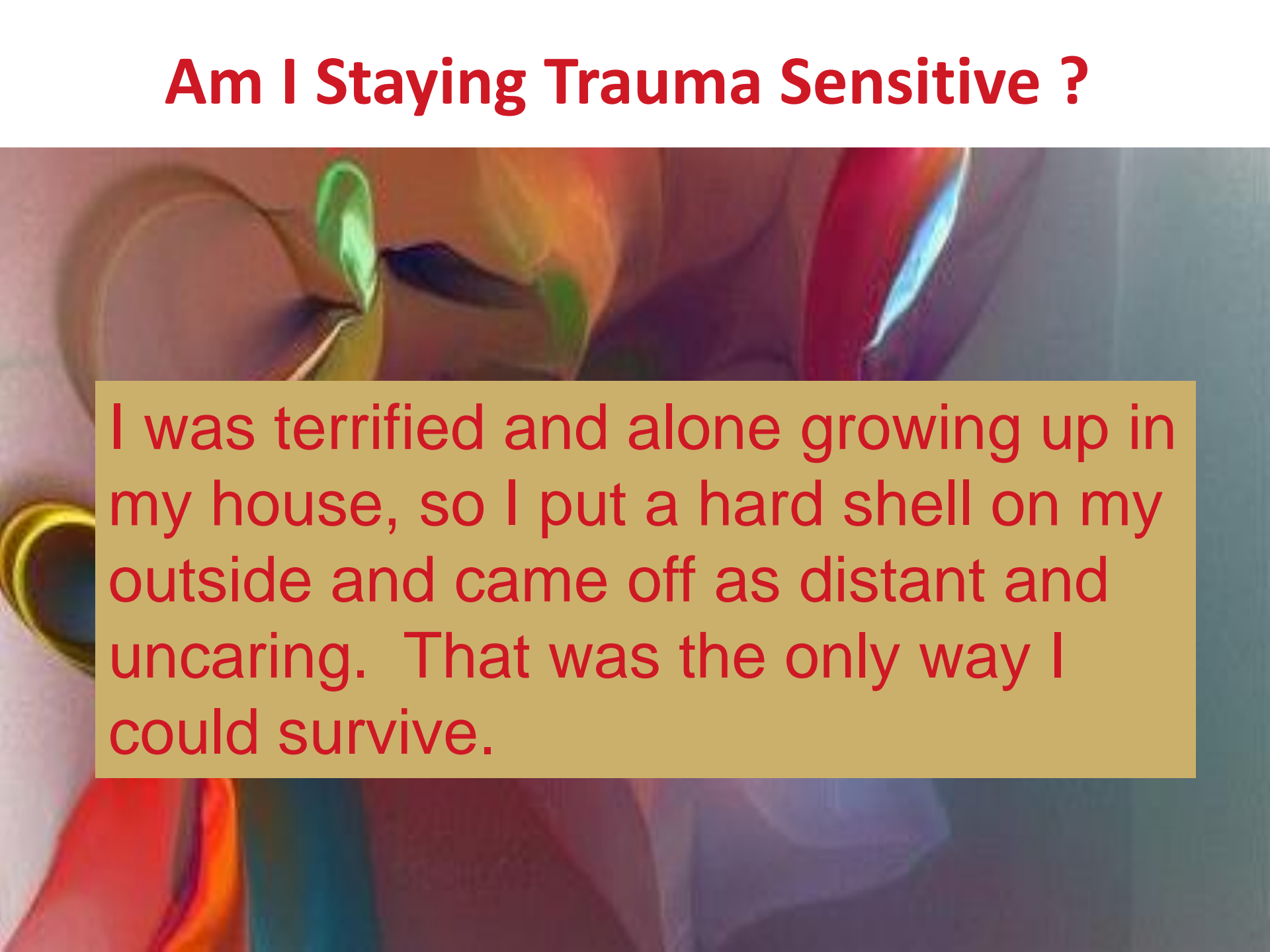


Am I Staying Trauma Sensitive ?



Paint the picture
with the mood, not
the graphic details

Am I Staying Trauma Sensitive ?



I was terrified and alone growing up in my house, so I put a hard shell on my outside and came off as distant and uncaring. That was the only way I could survive.

Am I Staying Trauma Sensitive ?





On-Point
^
Tell me your story!

What Stories do you Have?

- A. Things got better?



What Stories do you Have?

- A. Things got better?
- B. I got better and things got better?



What Stories do you Have?



- A. Things got better?
- B. I got better and things got better?
- C. I got different skills and supports that helped me get better and then things got better?



What Stories do you Have?

- A. Things got better?
- B. I got better and things got better?
- C. I got different skills and supports that helped me get better and then things got better?
- D. I had a change inside that allowed me to be willing to consider new skills and supports that helped me get better and then things got better too.



**Sharing Tools & Strategies to
stay well and in community**

Reframing our Past

**Moving beyond the
Comfort Zone**

Using Self-Help

**Accepting
Help**

UNIQUE

**Validating
Strengths**

Overcoming Fear

Embracing Hope

**Combating Negative
Self-Talk**

Choosing to not reoffend

Purpose as Guide

What's my "Big Picture" Purpose or Theme?

What Stories can illustrate this theme or meet this purpose?

Who's my audience, how much time, etc.,

Which Stories are a best fit?

Most effective

Which story, how much, "bring home point"



Your Story



The Resilient Spirit



Your Story



Power of Peer Support



Your Story



Effectiveness of Peer Support



Your Story



Reframing Ideas



Your Story



Treatment v. Self-Help



Your Story

Change

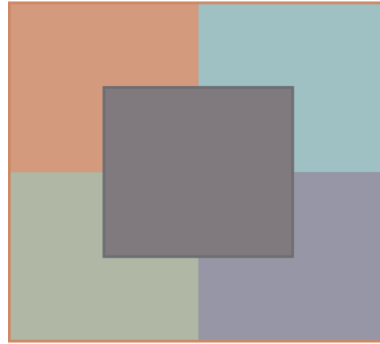


Your Story



RISK





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